



Heather Butler

Grow more food without needing more land

"Challenge the notion that homesteading belongs only in the country"

BASED
Dayton, Ohio

FEE RANGE
Contact me, let's talk!

Heather Butler helps audiences turn limited space and everyday resources into greater food security and self-reliance. A Certified Permaculture Designer, author of **Growceries**, and host of **The Urban Permaculture Podcast**, she brings practical experience from Hogs & Hens Urban Farm in Dayton, Ohio—where she and her husband, Bob, are transforming a small urban property and neighboring lots into productive gardens, a growing food forest, and pollinator habitat.

Heather's experience is rooted in the challenges many aspiring homesteaders face: poor soil, close neighbors, and space that demands creativity. What began as a backyard hobby became a commitment to restoring land, growing food, and sharing the surplus with others. Her work demonstrates how resourceful homesteading can nourish both a household and its surrounding community.

Through approachable talks on practical permaculture, small-space growing, and affordable food production, Heather connects big possibilities with manageable next steps. She equips audiences to put their land, time, and resources to better use—and challenges them to see a city address as a starting point for greater independence.

Signature Talks

No. 01 **Growceries, Not Groceries**

Build food security one backyard harvest at a time. Learn to prioritize high-value crops, perennial foods, and preservation habits that help city households rely less on the grocery store—even with limited land and time.

No. 02 **Small Space, Big Harvest**

Grow more food without needing more land. Explore intensive planting, vertical growing, season extension, and smart layouts that turn compact urban yards, patios, and overlooked corners into productive spaces.

No. 03 **They Called Me a City Girl: Making Any Homestead Work Smarter**

Challenge the notion that homesteading belongs only in the country. Through real urban examples and the CITY GIRL approach, explore how to plan spaces and routines for maximum function, affordability, and resilience.

No. 04 **The Lazy Gardener's Guide to Abundance**

Work smarter by designing with nature. Use perennial crops, self-mulching systems, function stacking, and efficient routines to make urban food production more manageable for busy households and people with limited energy.

No. 05 **Dirt Cheap**

Make living soil without a big budget or a tractor. Use kitchen scraps, leaves, compost, mulch, and small-space soil-building systems to restore tired urban ground while considering possible city-soil contamination.

No. 06 **Lawn Gone!**

Replace high-maintenance turf with edible, beautiful, useful landscapes. See how urban lawns and narrow side yards can become food gardens, pollinator habitat, and rain-absorbing spaces while respecting neighbors and local rules.

BOOKING & PRESS

hogsandhensurbanfarm@gmail.com

Heather-Butler.doorstone.press

[Instagram](#) · [Facebook](#)